

PASTA

- CHICKEN, BROCCOLI, & FUSILLI**
In a garlic cream sauce
- HOT BABY SHELLS**
In a marinara sauce tossed with hot cherry peppers & sharp provolone
- TORTELLINI**
With mushrooms and prosciutto in a basil cream sauce
- LASAGNA**
Your choice of beef, sausage, pepperoni, seafood or vegetarian in our red or Alfredo sauce
- STUFFED SHELLS**
With homemade sauce & mozzarella cheese
- BAKED ZITI**
Try it with crisp pepperoni tossed in!
- EGGPLANT PARMESAN**
- BEANS & GREENS**
Tossed in olive oil & garlic with beans and spinach
- PENNE NORMA**
Penne tossed with cherry tomatoes, battered eggplant, with marinara sauce, garnished with a dollop of ricotta cheese
- PENNE A LA VODKA**
- OUR FAMOUS EIGHT CHEESE MAC & CHEESE**
- PASTA PRIMAVERA**
Fresh seasonal vegetables sautéed in olive oil and white wine
- RAVIOLI POMPARDORA**
Chunky marinara with spinach, red onions, and broccoli

MEXICAN

- TACO BAR**
Soft or hard tacos with all the fixin's
- QUESADILLA BAR**
Beef, chicken or vegetarian with black beans, Mexican cheese, salsa, sour cream, fresh cilantro then add any other fixin's you like
- ENCHILADAS**
Beef, chicken, & vegetable with cheese, your choice
- MEXICAN SPUDS**
Baked potatoes stuffed with Mexican cheese, corn, tomatoes, black beans and red peppers
- CHEESY CHORIZO FRITTATA**
- BIG FAT OVERSTUFFED BURRITO**
Chicken, beef, or veggie topped with queso blanco
- SHRIMP TOSTADAS**
Crispy tortillas, topped with shrimp, pico de gallo, avocado, and cheese
- MORE TRADITIONAL MEALS AVAILABLE**

APPETIZERS

- SPANAKOPITA**
Spinach & Feta Cheese wrapped in puff pastry
- FLATBREAD PIZZA**
Topped with any combo you can think of
- PULLED PORK**
Pork barbecue on homemade banana bread
- BITE SIZE REUBEN'S**
Corned beef, thousand island, sauerkraut, on mini rye toast
- HONEY PORK & MANGO KABOBS**
Marinated pork tenderloin in a blend of tropical fruit
- TERIYAKI BEEF KABOBS**
Grilled Beef tenderloins topped with toasted sesame seeds
- GREEK CHICKEN MEATBALLS**
Rolled with feta cheese, spinach, and chicken sausage
- ITALIAN MEATBALLS**
In our homemade red sauce
- SWEDISH MEATBALLS**
Baked in a light brown sauce
- MEATBALLS STUFFED WITH BLEU CHEESE**
topped with garlic cream sauce
- SLIDERS - CHOOSE FROM BEEF, BUFFALO CHICKEN, SAUSAGE, BLACK BEAN, NASHVILLE HOT CHICKEN,**
Skip the bread
- GRILLED "JERK" SHRIMP & PINEAPPLE SKEWERS**
- SHRIMP COCKTAIL**
Made with our spicy cocktail sauce
- STUFFED MUSHROOMS**
Greek, crab, pepperoni & sausage, three cheese, or bacon & cheddar
- STUFFED PORTOBELLO MUSHROOMS**
With spinach and sun-dried tomatoes
- VEGETABLE PLATTER**
Choice of one dip: Carrot dip, Ranch, Onion & chive, Dipping Dilly or Hoppin Jalapeno
- ASSORTED CHEESE & CRACKER TRAY**
- FRUIT TRAY WITH YOGURT DIP**
- ASPARAGUS**
Wrapped in prosciutto & boursin cheese
- DEVILED EGGS**
- ROASTED RED PEPPER HUMMUS**
Pita bread with crisp cucumber slices and fresh dill
- WHIPPED RICOTTA & HONEY CHRISTINI ZUCCHINI SLIDER BITES**
Skip the bread

PORK

- STUFFED PORK CHOPS**
- BARBECUED PORK TENDERLOIN**
Rolled in macadamia nuts
- PEACH PORK CHOPS**
Boneless center cut chops seared and served in a caramelized peach liqueur sauce
- MARILU'S FAMOUS PULLED PORK**
Tender pork, slow roasted in our homemade barbecue sauce

LAMB

- MARINATED GRILLED LAMB CHOPS**
- HAZELNUT ENCRUSTED RACK OF LAMB**
- LAMB SLIDERS WITH MINT PESTO**

BARBEQUE

- FINGER LICKIN' FALLIN' OFF THE BONE, MELT IN Y'R MOUTH RIBS**
- QUARTER/HALF CHICKENS**
Always moist, never dry
- SPIEDIES**
Chicken, pork, lamb, or beef
- NY STRIP OR DELMONICO STEAK SAUSAGE, PEPPERS & ONIONS, BURGERS AND DOGS**
- BBQ JACK-FRUIT SANDWICHES**
- BLACK BEAN BURGERS**
- TURKEY BURGERS**

PIG ROAST

- FRESH BASTED PIG**
- BAKED ZITI**
- SALT POTATOES**
- BAKED BEANS**
- CHOICE OF 2 SALADS**
Mac, Pasta, Potato, or Tossed
- ROLLS & HOMEMADE BBQ SAUCE**
- MARINATED CHICKEN BREAST**

BEEF

- FILET MIGNON**
Encrusted with black pepper & fresh garlic
- GREEK TENDERLOIN**
Filet stuffed with feta cheese & spinach, topped with shallots and white wine
- FILET MARSALA**
Tenderloin medallions grilled to perfection with Portobello mushrooms, roasted garlic in marsala wine
- LONDON BROIL**
- NEW YORK STRIP OR RIB EYE STEAK**
Grilled to perfection
- SHEPHERD'S PIE**
- IRISH BEEF STEW**

POULTRY

- AUTUMN CHICKEN**
Tender breast topped with dried apricot, golden raisins, fresh mushrooms, tomatoes and spinach with cider glaze
- MONTERREY JACK CHICKEN BREAST**
Smothered with shitake mushrooms, bacon, and jack cheese accompanied by honey mustard sauce
- CHICKEN MARSALA**
Boneless breast sautéed in marsala wine & garlic, with mushrooms
- GREEK CHICKEN BREAST**
Stuffed with feta cheese & spinach, topped with shallots and white wine
- CHICKEN PICOTTA**
Tender breast sautéed in garlic, lemon & capers
- CHICKEN FLORENTINE**
Chicken breast topped with Swiss cheese and spinach then smothered in light cheddar Dijon sauce
- CHICKEN PARMESAN**
Seasoned, breaded breast covered in gourmet homemade red sauce, smothered with Italian cheeses
- MARINATED CHICKEN BREAST**
Tender and juicy, marinated in Italian spices and grilled to perfection
- CHICKEN OSCAR**
Tender breast topped with crab meat and asparagus and drizzled with hollandaise sauce

MARILU'S CATERING

BINGHAMTON, NY



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SALADS

- HOMEMADE DRESSING'S CHOICES: BALSAMIC ITALIAN, RASPBERRY VINAIGRETTE, RANCH, GREEK, RASPBERRY VINAIGRETTE**
- TOSSED SALAD**
Never bagged lettuce, always fresh!
- CAESAR SALAD**
- CHILLED GREEK TORTELLINI SALAD**
Feta, olives, scallions, lemon, oil & vinegar
- SPINACH SALAD**
Crumbled bacon, raisins, egg, and raspberry vinaigrette
- PASTA SALAD**
Vegetarian (Meat can be added)
- BOW-TIE PASTA SALAD**
With shrimp, fresh ginger, cilantro, red onion, & carrots
- HOT GERMAN POTATO SALAD**
Made with cheese & bacon
- ROASTED SWEET POTATO SALAD**
Oven roasted sweet potatoes with roasted red peppers, cilantro, and scallions
- MACARONI SALAD**
- COLESLAW**
Choose between traditional, avocado, pineapple, and apple slaw
- TRADITIONAL GREEK SALAD OR WINTER GREEK SALAD WITH ROASTED VEGGIES**
- ROSA MARINA (ORZO)**
With grilled vegetables and white beans
- STEAK & CITRUS SALAD**
- CHICKEN SPIDIE SALAD**
Try our chicken spidie bar!

DIPS & SPREADS

- SOUTHWESTERN CHEESECAKES**
Cheddar cheese, sour cream, cream cheese with green chilies or Jalapenos, baked and served with nachos and salsa
- BLACK BEAN DIP**
Black beans, corn, tomatoes, garlic, fresh cilantro and pepper jack & cheddar cheeses
- GUACAMOLE**
Mild to fiesta style
- HAVARTI & SUN-DRIED TOMATO CHEESECAKE DIP**
Sun-dried tomatoes, green onions, cream cheese, herbs and Havarti cheese served with assorted crackers
- HOT FETA & ARTICHOKE DIP**
Marinated artichoke hearts with feta, parmesan and a touch of Tabasco for that extra kick!
- ROASTED GARLIC & RED BELL PEPPER DIP**
- SPINACH & VEGETABLE DIP**
Perfect in a bread boat!
- CARROT DIP**
Fabulous with veggies! Creamy dip with a hint of soy & horseradish

VEGGIES

- VEGETABLE MEDLEY**
Cauliflower, broccoli and carrots-cheese sauce optional
- ITALIAN STYLE**
Zucchini, yellow squash, garlic, red onions all sautéed in olive oil and butter
- GREEN BEANS**
Topped with melted feta cheese and hot red pepper flakes
- GRILLED MARINATED VEGGIES**
- HOMEMADE BAKED BEANS**
Bits of bacon or vegetarian
- HARVARD BEETS**
Better than grandma made them!
- ROASTED BUTTERNUT OR ACORN SQUASH**
- GRILLED ASPARAGUS**
- ROASTED GLAZED CARROTS**

STARCHES

- TWICE BAKED POTATOES**
- COUSCOUS**
Great alone or with grilled veggies
- SALT POTATOES**
- RICE & BEANS**
- ROSEMARY ROASTED POTATOES**
- GARLIC MASHED POTATOES**
- BAKED SWEET POTATOES**
Or tray them twice baked
- POTATO BAR WITH ALL THE FIXES**
Russet or Sweet Potatoes

CARVING STATIONS

- SPIRAL HAM**
With Dijon mustard sauce
- ROASTED TURKEY BREAST**
With cranberry mayonnaise
- BEEF TENDERLOIN**
With horseradish sauce
- SEASONED PORK ROAST**
So good it stands alone
- LONDON BROIL**
- PORK TENDERLOIN**
Topped with a blackberry sauce
- ROAST BEEF**

SEAFOOD

- GRILLED SWORDFISH**
- SALMON**
In a creamy orange dill sauce or grilled with a maple honey dijon glaze
- BAKED CODD OR HADDOCK**
- SURF & TURF**
Filet mignon, shrimp, clams and crab meat tossed with a red cream sauce over linguine
- GRILLED TUNA STEAKS**
- ORANGE ROUGHY**
Broiled in Cajun Style or chardonnay & garlic sauce
- GRILLED SEA BASS**
- STEAMED LITTLE NECK CLAMS**
- PECAN ENCRUSTED COD FILETS**
- SHRIMP SCAMPI**
Pan seared shrimp with garlic, white wine, and fresh herbs

BREAKFAST

- Scrambled eggs, bacon, pastry, fruit, coffee, or orange juice
- OMELET STATION**
Build your own! Mushrooms, onion peppers, tomato, cheese, broccoli, etc.
- OVEN ROASTED POTATOES**
Seasoned to perfection
- CRISPY BACON/GRILLED HAM OFF THE BONE/SAUSAGE PANCAKES OR FRENCH TOAST**
- ASSORTED MINI MUFFINS OR DANISH**
- BAGELS WITH CREAM CHEESE JUICE & COFFEE**
- QUICHE**
- BREAKFAST BURRITOS**

HOMEMADE DESSERTS

- GRANDMA'S WHISKEY CAKE**
- CHOCOLATE CHIP CAKE**
- BANANA CAKE WITH CREAM CHEESE FROSTING**
- HOMEMADE BROWNIES**
- CHOCOLATE SHEET CAKE WITH CINNAMON**
- MOCHA FROSTING**
- WEIGHT WATCHERS CHOCOLATE OR SPICE CAKE MUFFINS**
- ASSORTED COOKIES**

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