

## PASTA

### CHICKEN, BROCCOLI, & FUSILLI

In a garlic cream sauce

### HOT BABY SHELLS

In a marinara sauce tossed with hot cherry peppers & sharp provolone

### TORTELLINI

With mushrooms and prosciutto in a basil cream sauce

### LASAGNA

Your choice of beef, sausage, pepperoni, seafood or vegetarian in our red or Alfredo sauce

### STUFFED SHELLS

With homemade sauce & mozzarella cheese

### BAKED ZITI

Try it with crisp pepperoni tossed in!

### EGGPLANT PARMESAN

### BEANS & GREENS

Tossed in olive oil & garlic with beans and spinach

### PENNE NORMA

Penne tossed with cherry tomatoes, battered eggplant, with marinara sauce, garnished with a dollop of ricotta cheese

### PENNE A LA VODKA

### OUR FAMOUS EIGHT CHEESE MAC & CHEESE

### PASTA PRIMAVERA

Fresh seasonal vegetables sautéed in olive oil and white wine

### RAVIOLI POMPADORA

Chunky marinara with spinach, red onions, and broccoli

## MEXICAN

### TACO BAR

Soft or hard tacos with all the fixin's

### QUESADILLA BAR

Beef, chicken or vegetarian with black beans, Mexican cheese, salsa, sour cream, fresh cilantro then add any other fixin's you like

### ENCHILADAS

Beef, chicken, & vegetable with cheese, your choice

### MEXICAN SPUDS

Baked potatoes stuffed with Mexican cheese, corn, tomatoes, black beans and red peppers

### CHEESY CHORIZO FRITTATA

### BIG FAT OVERSTUFFED BURRITO

Chicken, beef, or veggie topped with queso blanco

### SHRIMP TOSTADAS

Crispy tortillas, topped with shrimp, pico de gallo, avocado, and cheese

**MORE TRADITIONAL MEALS AVAILABLE**

## BEEF

### FILET MIGNON

Encrusted with black pepper & fresh garlic

### GREEK TENDERLOIN

Filet stuffed with feta cheese & spinach, topped with shallots and white wine

### FILET MARSALA

Tenderloin medallions grilled to perfection with Portobello mushrooms, roasted garlic in marsala wine

### LONDON BROIL

### NEW YORK STRIP OR RIB EYE STEAK

Grilled to perfection

### SHEPHERD'S PIE

### IRISH BEEF STEW

## POULTRY

### AUTUMN CHICKEN

Tender breast topped with dried apricot, golden raisins, fresh mushrooms, tomatoes and spinach with cider glaze

### MONTERREY JACK CHICKEN BREAST

Smothered with shitake mushrooms, bacon, and jack cheese accompanied by honey mustard sauce

### CHICKEN MARSALA

Boneless breast sautéed in marsala wine & garlic, with mushrooms

### GREEK CHICKEN BREAST

Stuffed with feta cheese & spinach, topped with shallots and white wine

### CHICKEN PICOTTA

Tender breast sautéed in garlic, lemon & capers

### CHICKEN FLORENTINE

Chicken breast topped with Swiss cheese and spinach then smothered in light cheddar Dijon sauce

### CHICKEN PARMESAN

Seasoned, breaded breast covered in gourmet homemade red sauce, smothered with Italian cheeses

### MARINATED CHICKEN BREAST

Tender and juicy, marinated in Italian spices and grilled to perfection

### CHICKEN OSCAR

Tender breast topped with crab meat and asparagus and drizzled with hollandaise sauce

# MARILU'S CATERING

BINGHAMTON, NY



30 Emma St.,  
Binghamton, NY, 13905  
(607) 770-9501  
[mariluscatering.net](http://mariluscatering.net)



## APPETIZERS

### SPANAKOPITA

Spinach & Feta Cheese wrapped in puff pastry

### FLATBREAD PIZZA

Topped with any combo you can think of

### PULLED PORK

Pork barbecue on homemade banana bread

### BITE SIZE REUBEN'S

Corned beef, thousand island, sauerkraut, on mini rye toast

### HONEY PORK & MANGO KABOBS

Marinated pork tenderloin in a blend of tropical fruit

### TERIYAKI BEEF KABOBS

Grilled Beef tenderloins topped with toasted sesame seeds

### GREEK CHICKEN MEATBALLS

Rolled with feta cheese, spinach, and chicken sausage

### ITALIAN MEATBALLS

In our homemade red sauce

### SWEDISH MEATBALLS

Baked in a light brown sauce

### MEATBALLS STUFFED WITH BLEU

### CHEESE

topped with garlic cream sauce

### SLIDERS - CHOOSE FROM BEEF,

### BUFFALO CHICKEN, SAUSAGE, BLACK

### BEAN, NASHVILLE HOT CHICKEN,

Skip the bread

### GRILLED "JERK" SHRIMP & PINEAPPLE

### SKEWERS

### SHRIMP COCKTAIL

Made with our spicy cocktail sauce

### STUFFED MUSHROOMS

Greek, crab, pepperoni & sausage, three cheese, or bacon & cheddar

### STUFFED PORTOBELLO MUSHROOMS

With spinach and sun-dried tomatoes

### VEGETABLE PLATTER

Choice of one dip: Carrot dip, Ranch, Onion & chive, Dipping

Dilly or Hoppin Jalapeno

### ASSORTED CHEESE & CRACKER TRAY

### FRUIT TRAY WITH YOGURT DIP

### ASPARAGUS

Wrapped in prosciutto & boursin cheese

### DEVELOPED EGGS

### ROASTED RED PEPPER HUMMUS

Pita bread with crisp cucumber slices and fresh dill

### WHIPPED RICOTTA & HONEY CHRISTINI

### ZUCCHINI SLIDER BITES

Skip the bread

## SALADS

HOMEMADE DRESSING'S CHOICES: BALSAMIC ITALIAN, RASPBERRY VINAIGRETTE, RANCH, GREEK, RASPBERRY VINAIGRETTE

### TOSSED SALAD

Never bagged lettuce, always fresh!

### CAESAR SALAD

### CHILLED GREEK TORTELLINI SALAD

Feta, olives, scallions, lemon, oil & vinegar

### SPINACH SALAD

Crumbled bacon, craisens, egg, and raspberry vinaigrette

### PASTA SALAD

Vegetarian (Meat can be added)

### BOW-TIE PASTA SALAD

With shrimp, fresh ginger, cilantro, red onion, & carrots

### HOT GERMAN POTATO SALAD

Made with cheese & bacon

### ROASTED SWEET POTATO SALAD

Oven roasted sweet potatoes with roasted red peppers, cilantro, and scallions

### MACARONI SALAD

### COLESLAW

Choose between traditional, avocado, pineapple, and apple slaw

### TRADITIONAL GREEK SALAD OR WINTER

### GREEK SALAD WITH ROASTED VEGGIES

### ROSA MARINA (ORZO)

With grilled vegetables and white beans

### STEAK & CITRUS SALAD

### CHICKEN SPIEDIE SALAD

Try our chicken spiedie bar!

## DIPS & SPREADS

### SOUTHWESTERN CHEESECAKES

Cheddar cheese, sour cream, cream cheese with green chilies or Jalapenos, baked and served with nachos and salsa

### BLACK BEAN DIP

Black beans, corn, tomatoes, garlic, fresh cilantro and pepper jack & cheddar cheeses

### GUACAMOLE

Mild to fiesta style

### HAVARTI & SUN-DRIED TOMATO

### CHEESECAKE DIP

Sun-dried tomatoes, green onions, cream cheese, herbs and Havarti cheese served with assorted crackers

### HOT FETA & ARTICHOKE DIP

Marinated artichoke hearts with feta, parmesan and a touch of Tabasco for that extra kick!

### ROASTED GARLIC & RED BELL PEPPER DIP

### SPINACH & VEGETABLE DIP

Perfect in a bread boat!

### CARROT DIP

Fabulous with veggies! Creamy dip with a hint of soy & horseradish

## VEGGIES

### VEGETABLE MEDLEY

Cauliflower, broccoli and carrots-cheese sauce optional

### ITALIAN STYLE

Zucchini, yellow squash, garlic, red onions all sautéed in olive oil and butter

### GREEN BEANS

Topped with melted feta cheese and hot red pepper flakes

### GRILLED MARINATED VEGGIES

### HOMEMADE BAKED BEANS

Bits of bacon or vegetarian

### HARVARD BEETS

Better than grandma made them!

### ROASTED BUTTERNUT OR ACORN SQUASH

### GRILLED ASPARAGUS

### ROASTED GLAZED CARROTS

## STARCHES

### TWICE BAKED POTATOES

### COUSCOUS

Great alone or with grilled veggies

### SALT POTATOES

### RICE & BEANS

### ROSEMARY ROASTED POTATOES

### GARLIC MASHED POTATOES

### BAKED SWEET POTATOES

Or tray them twice baked

### POTATO BAR WITH ALL THE FIXES

Russet or Sweet Potatoes

## CARVING STATIONS

### SPIRAL HAM

With Dijon mustard sauce

### ROASTED TURKEY BREAST

With cranberry mayonnaise

### BEEF TENDERLOIN

With horseradish sauce

### SEASONED PORK ROAST

So good it stands alone

### LONDON BROIL

### PORK TENDERLOIN

Topped with a blackberry sauce



## PORK

**STUFFED PORK CHOPS**  
**BARBECUED PORK TENDERLOIN**  
Rolled in macadamia nuts

**PEACH PORK CHOPS**  
Boneless center cut chops seared and served in a  
caramelized peach liqueur sauce

**MARILU'S FAMOUS PULLED PORK**  
Tender pork, slow roasted in our homemade barbecue sauce

## LAMB

**MARINATED GRILLED LAMB CHOPS**  
**HAZELNUT ENCRUSTED RACK OF LAMB**  
**LAMB SLIDERS WITH MINT PESTO**

## BARBEQUE

**FINGER LICKIN' FALLIN' OFF THE BONE,**  
**MELT IN Y'R MOUTH RIBS**

**QUARTER/HALF CHICKENS**  
Always moist, never dry  
**SPIEDIES**

Chicken, pork, lamb, or beef  
**NY STRIP OR DELMONICO STEAK**  
**SAUSAGE, PEPPERS & ONIONS, BURGERS**  
**AND DOGS**

**BBQ JACK-FRUIT SANDWICHES**

**BLACK BEAN BURGERS**  
**TURKEY BURGERS**

## PIG ROAST

**FRESH BASTED PIG**  
**BAKED ZITI**

**SALT POTATOES**  
**BAKED BEANS**

**CHOICE OF 2 SALADS**  
Mac, Pasta, Potato, or Tossed  
**ROLLS & HOMEMADE BBQ SAUCE**  
**MARINATED CHICKEN BREAST**

## SEAFOOD

**GRILLED SWORDFISH**  
**SALMON**  
In a creamy orange dill sauce or grilled with a maple honey dijon  
glaze

**BAKED CODD OR HADDOCK**  
**SURF & TURF**  
Filet mignon, shrimp, clams and crab meat tossed with a red cream  
sauce over linguine

**GRILLED TUNA STEAKS**  
**ORANGE ROUGHY**  
Broiled in Cajun Style or chardonnay & garlic sauce

**GRILLED SEA BASS**  
**STEAMED LITTLE NECK CLAMS**  
**PECAN ENCRUSTED COD FILETS**  
**SHRIMP SCAMPI**

Pan seared shrimp with garlic, white wine, and fresh herbs

## BREAKFAST

**THE CLASSIC BREAKFAST FOR \$10.75**  
Scrambled eggs, bacon, pastry, fruit, coffee, or orange juice

**OMELET STATION**  
Build your own! Mushrooms, onion peppers, tomato, cheese, broccoli,  
etc.

**OVEN ROASTED POTATOES**  
Seasoned to perfection

**CRISPY BACON/GRILLED HAM OFF THE**  
**BONE/SAUSAGE**

**PANCAKES OR FRENCH TOAST**  
**ASSORTED MINI MUFFINS OR DANISH**

**BAGELS WITH CREAM CHEESE**  
**JUICE & COFFEE**

**QUICHE**  
**BREAKFAST BURRITOS**

## HOMEMADE DESSERTS

**GRANDMA'S WHISKEY CAKE**  
**CHOCOLATE CHIP CAKE**

**BANANA CAKE WITH CREAM CHEESE**  
**FROSTING**

**HOMEMADE BROWNIES**  
**CHOCOLATE SHEET CAKE WITH CINNAMON**  
**MOCHA FROSTING**  
**WEIGHT WATCHERS CHOCOLATE OR**  
**SPICE CAKE MUFFINS**  
**ASSORTED COOKIES**

# MARILU'S CATERING

BINGHAMTON, NY



Leave us a review on Google! Scan the QR  
Code to find our Google Business Listing!

30 Emma St.,  
Binghamton, NY, 13905  
(607) 770-9501  
[mariluscatering.net](http://mariluscatering.net)